

PACKAGES

ADRINKAHENE

Soup/Stew/Sauce - 3
Side - 4
Special Side - 3
Protein Dish - 4
Salad - 5
Dessert - 4

GYE NYAME

Soup/Stew/Sauce - 2
Side - 3
Special Side - 2
Protein Dish - 3
Salad - 4
Dessert - 3

ESE NE TEKYEREMA*

Soup/Stew/Sauce - 2
Side - 3
Special Side - 1
Protein Dish - 2
Salad - 3
Dessert - 2

*MINIMUM 100 PEOPLE



Contact Us

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MENU & PACKAGE GUIDE



GOURMETMESS
Your Trusted Earthen Gourmet Catering Service



GOURMET MESS

FOOD OPTIONS OFFERED

Soups

- Chicken Soup
- Goat Soup
- Tripe/Cow Foot Soup
- Fish Soup (Tilapia, Mackerel)
- Beef Soup - **Premium**
- Lamb Soup - **Premium**

Salads

- Green Salad
- Potato Salad
- Tomato Salad
- Cucumber Salad (Creamy, Non-Creamy)
- Cucumber and Tomato Salad
- Coleslaw
- Pasta Salad (Tuna & Sweetcorn, Chicken, bacon)
- Ghana Salad (Carrots, Lettuce, Eggs, Baked Beans, Cucumber, Peas)

Stews/Sauces

- Chicken Sauce
- Goat Stew
- Tripe/Cow Foot Stew
- Chicken Jalfrezi
- Chicken Stew
- Fish Stew (Red Mallet, Croaker, Tilapia)
- Fish Stew (Red Snapper) - **Premium**
- Lamb Stew - **Premium**
- Beef Stew - **Premium**

Proteins

- Grilled Salmon
- Grilled Chicken (Piri Piri, Jerk)
- Grilled Pork
- Fried Chicken (Breaded, Plain)
- Fried Fish (Tilapia, Red Bream, Sea Bream Mackerel, Croaker)
- Fried Fish (Red Snapper) - **Premium**
- Spicy Fried Turkey
- Buffalo Wings
- Fried Prawns - **Premium**

Sides

- Ghana Jollof Rice
- Fried Rice (Eggs & Peas)
- Saffron Rice
- Waakye (Rice & Black-Eyed Beans)
- Rice & Green Peas
- Noodles (Egg Noodles, Vermicelli)
- Rice & Peas (Red Kidney Beans)
- Plain Boiled Rice
- Coconut Rice

Desserts

- Fruit Skewers
- Cupcakes (Vanilla, Chocolate)
- Fruit Fool
- Sorbet (Lemon, Raspberry, Mango)
- Bofrot
- Cheese Board
- Meat and Cheese Board
- No Bake Cheesecake
- Cake (Lemon, chocolate, Red Velvet, Victoria Sponge, Ghana Sponge)
- No Bake Cookies & Cream Cheesecake
- Ice Cream (more flavours available on request)

4 Flavours Per Order

Vanilla, Chocolate, Salted Caramel, Mint Chocolate, Honeycomb Crunch, Clotted Cream, Rum and Raisin, Strawberry, Raspberry Ripple

Special Sides

- Fried Plantain - Plain
- Fried Plantain - Spiced
- Boiled Eggs

Extras

- Ghanaian Meat Pie
- Ghanaian Doughnuts
- Chin-Chin (Savoury, Sweet)
- Plantain Chips (Savoury, Sweet)
- Fried Yam
- Fries (Chunky, French)
- Hot Dogs
- Red Red (Black Eye Beans Stew)
- Kenkey (Fermented Cooked Corn Dumplings)
- Samosa (Vegetable, Chicken, Lamb)
- Shito (Spiced Black Pepper Sauce)